

Cauliflower Pizza Crust



SERVES: 10-12

PREP TIME: 15 MINUTES

COOK TEMP: 400 DEGREES

COOK TIME: 30 MINUTES

INGREDIENTS

1 bag Riced Cauliflower
1 Egg
1/2 tsp. Dried Basil
1/2 tsp. Dried Oregano

1/2 cup Grated Parmesan
1/2 tsp Salt
1/2 tsp Minced Garlic

DIRECTIONS

Preheat oven to 400 degrees

Steam riced cauliflower bag in the microwave for about 5 minutes. Pat riced cauliflower dry.

Add in remaining ingredients and mix together.

Pat out mixture onto cookie sheet lined with greased foil. Bake for about 30 minutes or until crust is golden brown.

Note: Do not use pizza stone as the crust will stick.



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