



Sour Cream & Onion Chicken

SERVES: 4

PREP TIME: 20 MINUTES

OVEN TEMP: 350

COOK TIME: 45 MINUTES

INGREDIENTS

2 cups crushed Sour Cream & Onion
potato chips
1 Egg

2 Tbsp. Milk
6 Chicken Breast fillets, cut into cubes
1/3 cup Butter

DIRECTIONS

Preheat oven to 350 degrees.

Spread the crushed chips in a shallow dish.

Beat together the egg and milk in a shallow dish.

Dip the chicken cubes in egg mixture and then dredge in the chips.

Place chicken nuggets on a baking sheet and drizzle with melted butter. Bake for 15 to 18 minutes or until golden brown.

Serve with ranch or honey mustard.

Note: Could be made with other flavors of potato chips like barbecue!



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